

ERU23CH

Krefeld, Germany



Team Managers Manual

ERU23CH 2023

25.-27.08.2023, Krefeld/Germany





European Rowing Under 23 Championships



2023 European Rowing Under 23 Championships, Krefeld, Germany

Annamarie Phelps OLY
President, European Rowing



Welcome to Krefeld ! European Rowing is thrilled to be back in Germany for the 2023 European Rowing Under 23 Championships.

This event brings the best under-23 athletes from our continent to western Germany for competitive and compelling racing, showcasing our future stars. It is the highpoint of the season for many competitors and I am particularly pleased to welcome all of the teams who have been preparing for this competition over the past weeks and months.

The regatta course on the Elfrather See in Krefeld has proved to be a highly successful regatta venue in the past and one of Germany's top rowing courses. It is also the 140th anniversary of the Crefelder Rowing Club this year and we are more than happy to be bringing Europe's young rowing elite here to join the celebrations.

I would especially like to thank the organising committee and the large number of volunteers without whom this event would not be possible and to welcome the stars of the show, our athletes, their coaches, support staff and, of course, the fans and supporters to Krefeld and its environs for a great weekend of racing.

Viel Glück; here's to a wonderful event!

Annamarie Phelps OLY



Hello and welcome to Krefeld!

It is a big pleasure welcoming you to our city like silk and velvet.



My name is Christoph Puff, I'm sport director of Crefelder Ruder-Club 1883 e.V. and I will guide you through the Manager Manual. Please also make sure to inform yourself about updates on our website which is

<https://www.krefeld-europeanrowing23.com>

Once again a very warm welcome, Europe's youth!



Venue address

Lake Elfrath, Crefelder Ruder-Club 1883 e.V., Bruchweg 26, 47829 Krefeld/Germany

Mail: sport@crc1883.de and vorsitzender@crc1883.de

Mobile: +49 173 5790941 (Christoph Puff) and +49 172 6847456 (Christoph Lüke)

Safeguarding Officer

Ulrich Flügen – Mail: ulrich.troitzsch@web.de

Mobile: +49 175 2646394

Medical Service Officer

Dr. Jochen Urban – Mobile: +49 151 5785188



Key members of European Rowing

European Rowing – President : Annamarie Phelps

European Rowing – Vice-President : Patrick Rombaut

European Rowing – Board Member : Eva Szanto

European Rowing – Board Member : Neville Tanzer

European Rowing – Board Member : Dusan Machacek

European Rowing – Board Member : Algirdas Raslanas

European Rowing – Board Member : Asuncion Loriente

Technical Delegate : Jernej Slivnik

World Rowing Doctor : Henning Bay Nielsen

President of the Jury : Gabrielle Isenschmid Weber



European Rowing Under 23 Championships



Board of Crefelder Ruder-Club 1883 e.V./Heads of OC

Roland Lang – Administration Director

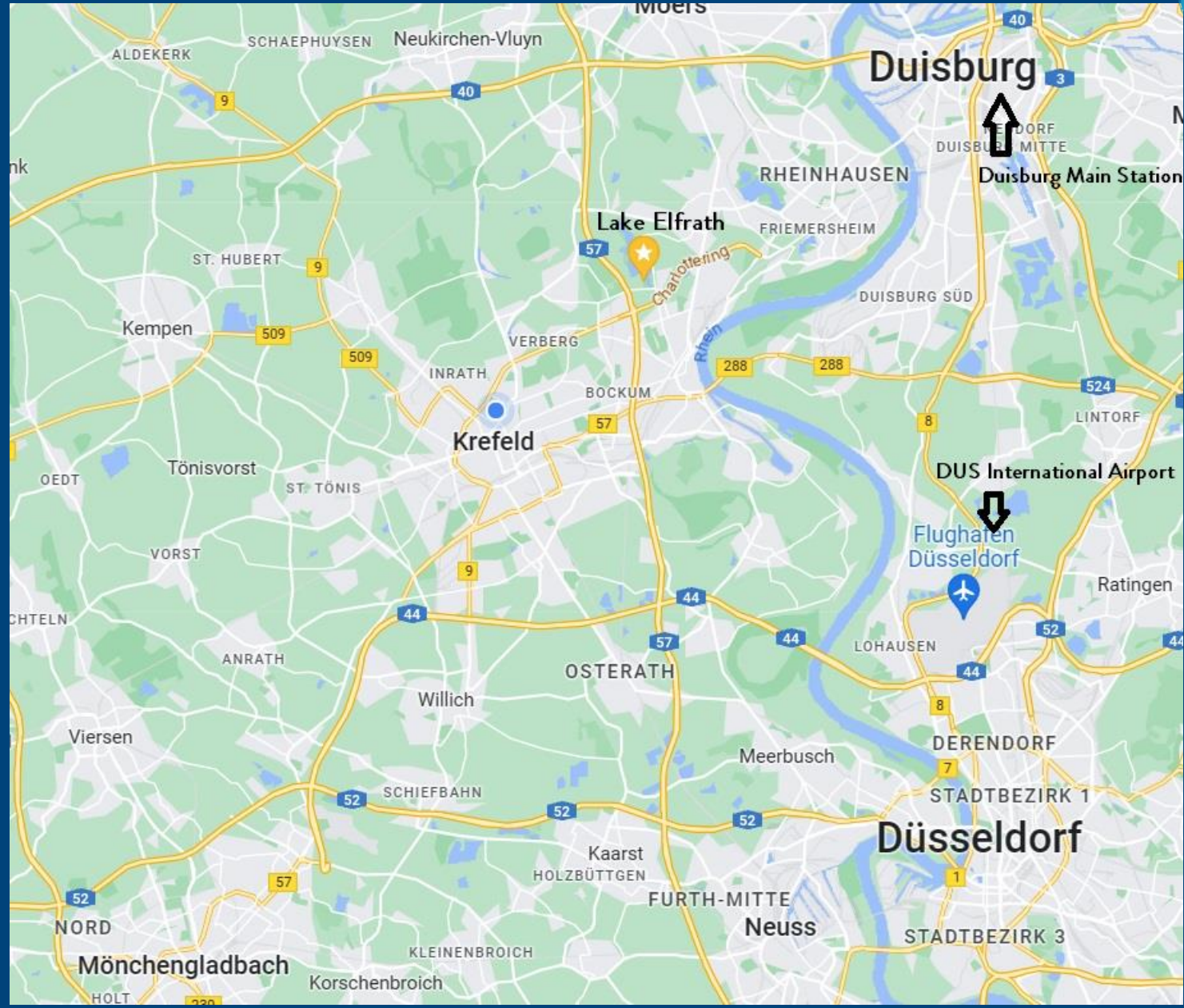
Christoph Lüke - President

Christoph Puff – Sport Director

Philipp te Neues – Financial Director

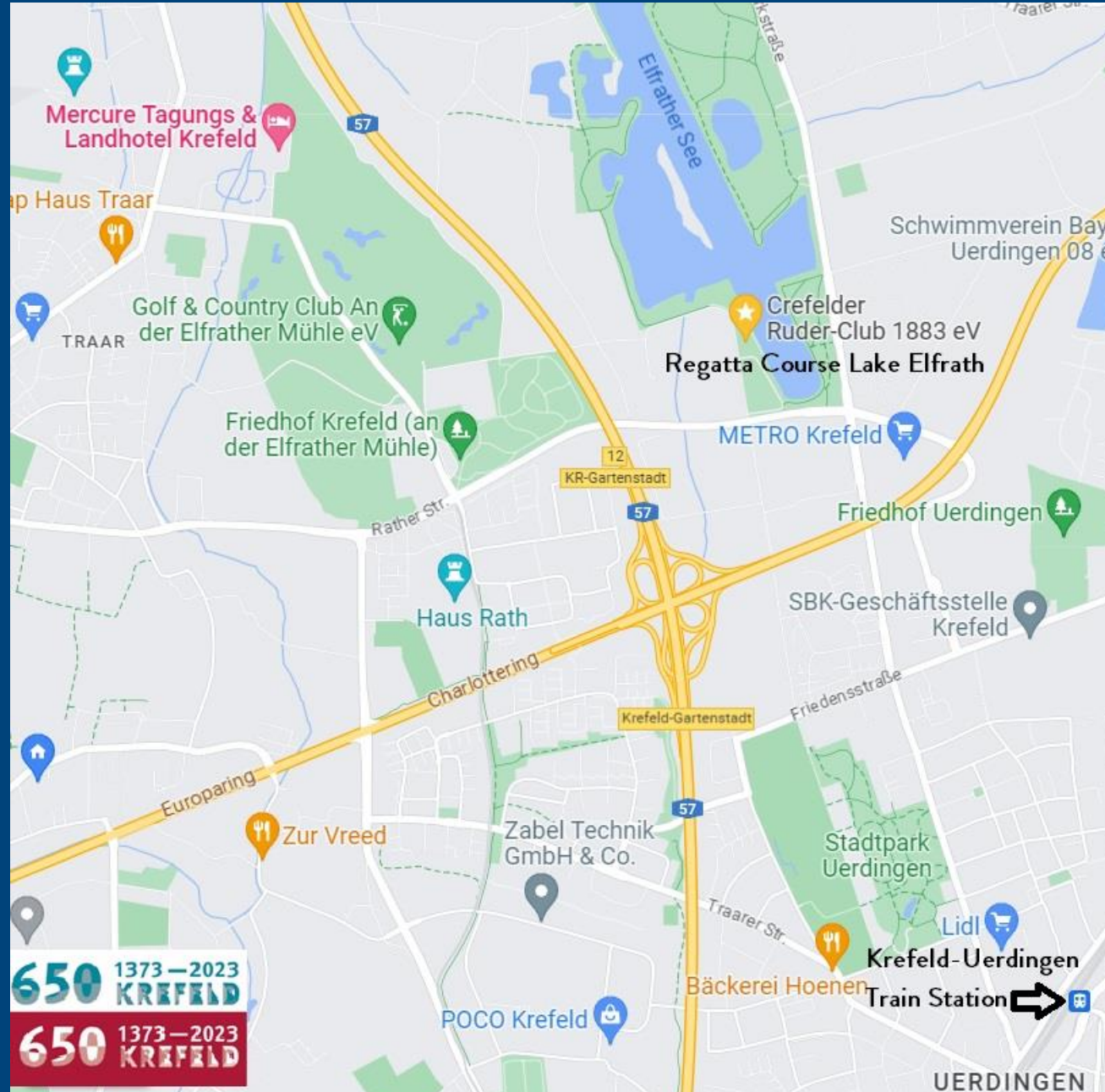


European Rowing Under 23 Championships





European Rowing Under 23 Championships





Facility information and Registration

The athletes area is located east side of the lake, the grandstand and visitors' area are western side. The information centre is located next to the athletes area and is open

Thursday 09:00-19:30h

Friday 07:30-20h

Saturday 06:30-18:30h

Sunday 06:30-16h.

Please also join the information centre for Crew registration and Accreditation!

The course is open for training Thursday from 11-19h and Friday 08-18:30h.

Please see the race programme on the World Rowing website for the venue and course opening times for training.

<https://worldrowing.com/event/2023-european-rowing-under-23-championships>

Following you can find different plans of the venue, the training rules and the racing rules



Athlete Photos

Team Managers will be notified of the athletes who have not yet had their photographs taken for the World Rowing athlete database. These athletes should come to the registration desk in the information center to have their photos taken during one of the following time slots:

Thursday: 16:00 – 18:00

Friday: 14:00 – 16:00'

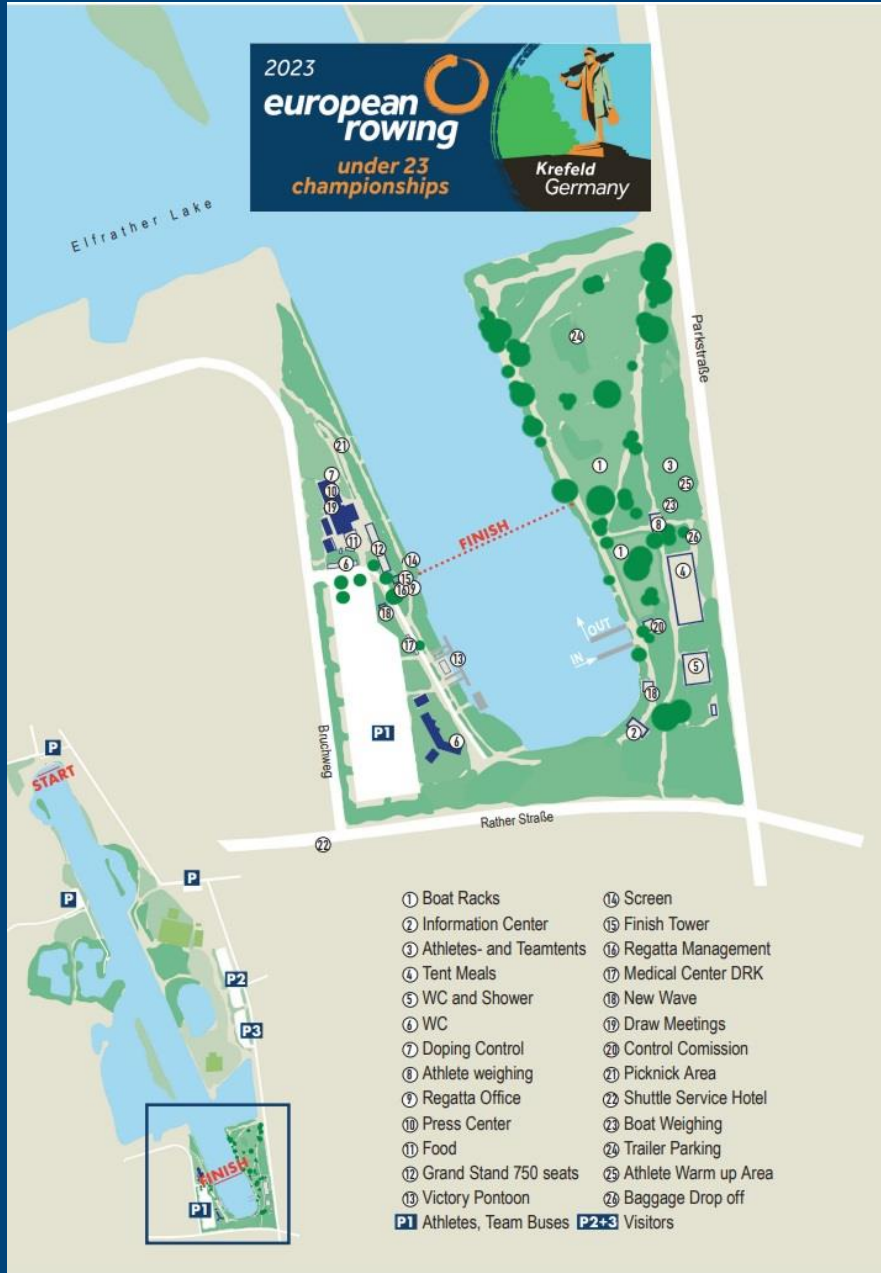
Team tents are available around the athletes' area

Limited Coaches Cycling is possible inbetween 500m til 1.500m on the eastern lake side. Please notice that there is not a fixed path!

Tap water is drinkable

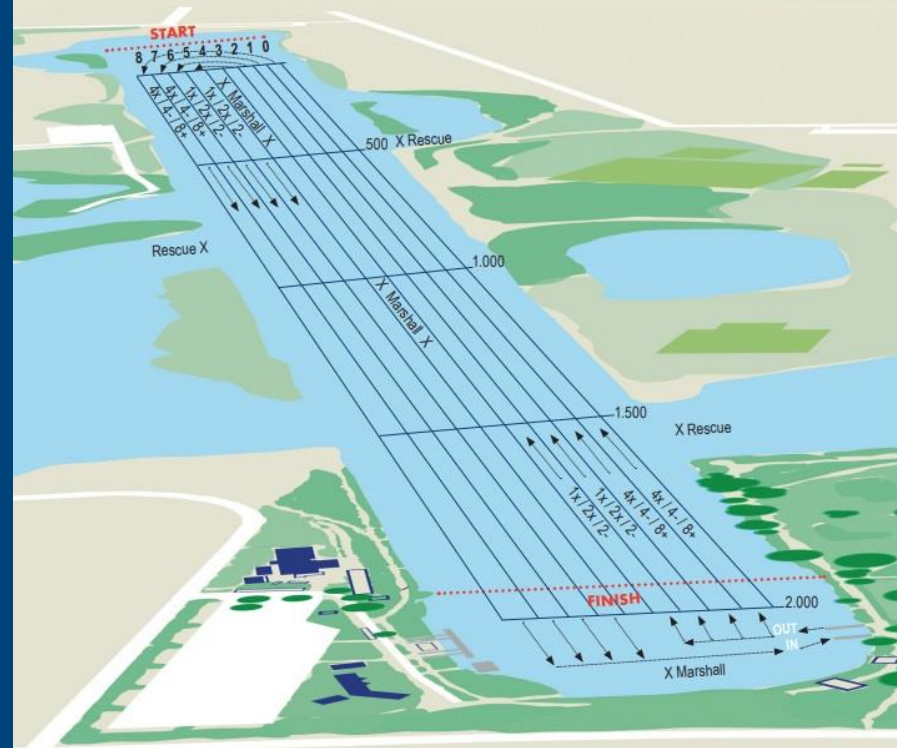


European Rowing Under 23 Championships





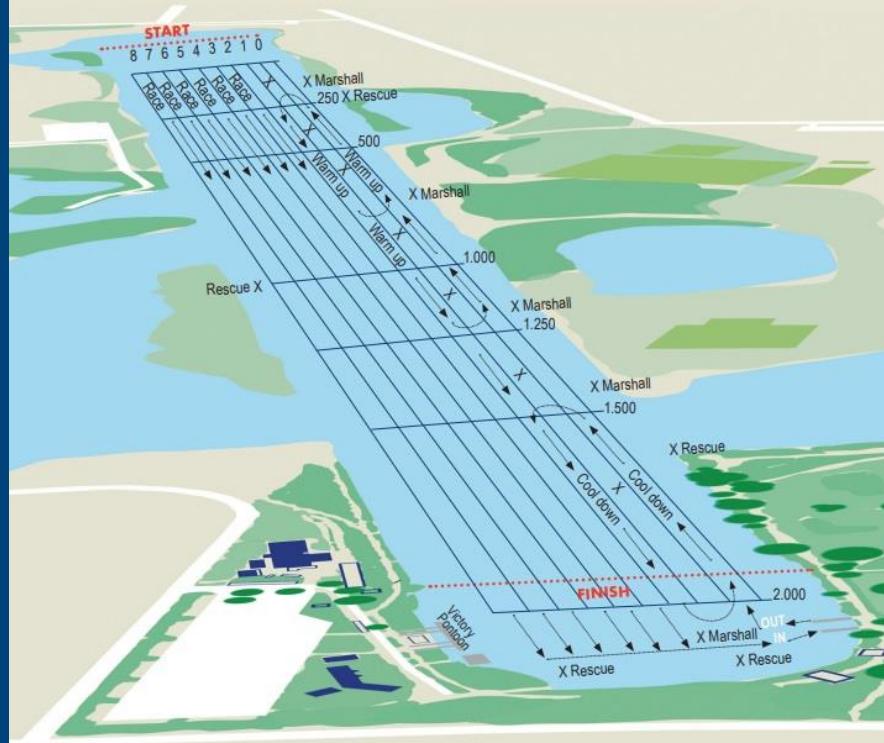
European Rowing Under 23 Championships



TRAINING



European Rowing Under 23 Championships



RACE



European Rowing Under 23 Championships



Webpage

- <https://www.krefeld-europeanrowing23.com>





Further information

Uniforms

Please check the World Rowing Rules of Racing and related Bye-Laws to ensure that your racing uniforms and boats comply with the advertising rules.

Boat weighing

The boat weighing scales will be located 28 .

Test scales will be available from Thursday 24 August, during the opening hours of the venue.

Athlete weighing

The athlete weighing station will be located 8 . Test scales will be available from Thursday 24 August, during the opening hours of the venue.

Team facilities and services

Boat storage

Boat racks are located all over the athletes' area.

Ergometers

Ergometers for training and warming up or cooling down will be provided – see the map of the venue. Each athlete must disinfect the equipment before and after use.

Bag drop off, Changing facilities, Rest area – Showers and toilets are all located around position 5

The catering tent is located at the athletes' area (position 4).

Lunch: 12:00-14:00h, Dinner: 17:30-19:30h (Friday 16:00-19:00h)

Please have a look at the Venue map.



Transport and parking services for teams

Airport transfer service – Booking via verwaltung@crc1883.de

Local shuttles between the venue and hotels – free of charge only by hotel booking via OC

Team vehicles and parking at the venue

Trailer parking at the venue



Media

Media centre location and opening times

The media centre is located western side at the public area (10). Opening hours are Friday til Sunday from 08-18h.

Interviews

Information on interview requests will be available in Media Centre. Athletes are encouraged to speak to the media after their races if requested.

Social media

To promote our sport as much as possible to the world we would like to ask that you and your athletes join us in sharing our social media content by engaging, liking, commenting, and sharing with your own networks. The hashtags for this event are: #ERU23CH and #ERU23CHKrefeld.



Ceremonies

Opening Ceremony – Friday, 18:30-19:30h

Closing Ceremony – Sunday, 16:30-17:00h

Victory Ceremonies – After the finals in front of the grandstand

WADA and athlete commitment forms

All competitors and team officials, who have not already done so, are required to sign the World Rowing Commitment Form and WADA Consent Forms. These forms will be distributed to the teams by World Rowing and should be returned to the OC volunteer in the Accreditation Office, before the Draw, and to a European Rowing Board Member in the European Rowing Office after the Draw.

Crew Changes

Team Managers are requested to check the entry forms by 14:00 hrs on Friday 25 August (3 hours before the Draw). If there are changes in the crews or differences in the spelling of the names, they must complete a Crew Change Form and submit it to the Organising Committee representative at the Registration Desk before the draw. Crew changes *after* the draw should be submitted to a European Rowing Board Member in the European Rowing Office. For medical substitutions and withdrawals, please contact the World Rowing Doctor.

Medical facilities and services

Medical centre – Position 17

Rescue and safety services – Position 17, Call: 112

Location of the closest hospital – Helios Josefshospital, Kurfürstenstr. 69, 47829 Krefeld

Doping control

The Doping Control Centre is located in 7. All doping control tests will be conducted in accordance with WADA and World Rowing requirements. For all information about the Anti-Doping controls and procedures, please refer to the World Anti-Doping Code and International Standards available on the website www.wada-ama.org and the WR Anti-Doping Bye-Laws. Further information is available on the World Rowing website <https://worldrowing.com/responsibility/anti-doping/>.



Transfer schedule / shuttle service

bus stop: Hotel Melia → to destination lake / regatta venue
 driving time to destination: approx. 50 min.

			once every hour up from 12:30 to 17:30	
Friday, 2023-08-25	08:30	09:45	12:30	17:30
			once every hour up from 11:00 to 17:00	
Saturday, 2023-08-26	05:45	07:00	08:15	17:00
			once every hour up from 11:00 to 17:00	
Sunday, 2023-08-27	05:45	07:00	08:15	17:00

bus stop: lake / regatta venue → to destination Hotel Melia
 driving time to destination: approx. 50 min.

Thursday, 2023-08-24	19:15	20:30		
			once every hour up from 11:30 to 16:30	
Friday, 2023-08-25	11:30	16:30	19:30	20:45
			once every hour up from 10:00 to 16:00	
Saturday, 2023-08-26	10:00	16:00	20:00	21:00
			once every hour up from 10:00 to 18:00	
Sunday, 2023-08-27	10:00	18:00		

site plans of the bus stops:



Transfer schedule / shuttle service

bus stop: Hotel Holiday Inn Ex. → to destination lake / regatta venue
 driving time to destination: approx. 45 min.

			once every hour up from 12:35 to 17:35	
Friday, 2023-08-25	08:35	09:50	12:35	17:35
			once every hour up from 11:05 to 17:05	
Saturday, 2023-08-26	05:50	07:05	08:20	17:05
			once every hour up from 11:05 to 17:05	
Sunday, 2023-08-27	05:50	07:05	08:20	17:05

bus stop: lake / regatta venue → to destination Hotel Holiday Inn Ex.
 driving time to destination: approx. 45 min.

Thursday, 2023-08-24	19:15	20:30		
			once every hour up from 11:30 to 16:30	
Friday, 2023-08-25	11:30	16:30	19:30	20:45
			once every hour up from 10:00 to 16:00	
Saturday, 2023-08-26	10:00	16:00	20:00	21:00
			once every hour up from 10:00 to 18:00	
Sunday, 2023-08-27	10:00	18:00		

site plans of the bus stops:





Transfer schedule /
 shuttle service

bus stop: Hotel B&B → **to destination lake / regatta venue**
 driving time to destination: approx. 35 min.

			once every hour up from 12:45 to 17:45		
Friday, 2023-08-25	08:45	10:00	12:45	...	17:45
			once every hour up from 11:15 to 17:15		
Saturday, 2023-08-26	06:00	07:15	08:30	11:15	17:15
			once every hour up from 11:15 to 17:15		
Sunday, 2023-08-27	06:00	07:15	08:30	11:15	17:15

bus stop: lake / regatta venue → **to destination Hotel B&B**
 driving time to destination: approx. 35 min.

Thursday, 2023-08-24	19:15	20:30		
			once every hour up from 11:30 to 16:30	
Friday, 2023-08-25	11:30	...	16:30	20:45
			once every hour up from 10:00 to 16:00	
Saturday, 2023-08-26	10:00	...	16:00	21:00
			once every hour up from 10:00 to 18:00	
Sunday, 2023-08-27	10:00	...	18:00	

site plans of the bus stops:



Transfer schedule /
 shuttle service

bus stop: Hotel Mercure Kref. Hof → **to destination lake / regatta venue**
 driving time to destination: approx. 25 min.

			once every hour up from 12:55 to 17:55		
Friday, 2023-08-25	08:55	10:10	12:55	...	17:55
			once every hour up from 11:25 to 17:25		
Saturday, 2023-08-26	06:10	07:25	08:40	11:25	17:25
			once every hour up from 11:25 to 17:25		
Sunday, 2023-08-27	06:10	07:25	08:40	11:25	17:25

bus stop: lake / regatta venue → **to destination Hotel Mercure Krefelder Hof**
 driving time to destination: approx. 25 min.

Thursday, 2023-08-24	19:15	20:30		
			once every hour up from 11:30 to 16:30	
Friday, 2023-08-25	11:30	...	16:30	20:45
			once every hour up from 10:00 to 16:00	
Saturday, 2023-08-26	10:00	...	16:00	21:00
			once every hour up from 10:00 to 18:00	
Sunday, 2023-08-27	10:00	...	18:00	

site plans of the bus stops:





Transfer schedule /
 shuttle service

bus stop: Hotel Alte Post → to destination lake / regatta venue
 driving time to destination: approx. 22 min.

			once every hour up from 12:58 to 17:58	
Friday, 2023-08-25	08:58	10:13	12:58	17:58
			once every hour up from 11:28 to 17:28	
Saturday, 2023-08-26	06:13	07:28	08:43	17:28
			once every hour up from 11:28 to 17:28	
Sunday, 2023-08-27	06:13	07:28	08:43	17:28

bus stop: lake / regatta venue → to destination Hotel Alte Post
 driving time to destination: approx. 22 min.

Thursday, 2023-08-24	19:15	20:30		
	once every hour up from 11:30 to 16:30			
Friday, 2023-08-25	11:30	16:30	19:30	20:45
	once every hour up from 10:00 to 16:00			
Saturday, 2023-08-26	10:00	16:00	20:00	21:00
	once every hour up from 10:00 to 18:00			
Sunday, 2023-08-27	10:00	18:00		

site plans of the bus stops:



Transfer schedule /
 shuttle service

bus stop: Hotel Benqer → to destination lake / regatta venue
 driving time to destination: approx. 20 min.

			once every hour up from 13:00 to 18:00	
Friday, 2023-08-25	09:00	10:15	13:00	18:00
			once every hour up from 11:30 to 17:30	
Saturday, 2023-08-26	06:15	07:30	08:45	17:30
			once every hour up from 11:30 to 17:30	
Sunday, 2023-08-27	06:15	07:30	08:45	17:30

bus stop: lake / regatta venue → to destination Hotel Benqer
 driving time to destination: approx. 20 min.

Thursday, 2023-08-24	19:15	20:30		
	once every hour up from 11:30 to 16:30			
Friday, 2023-08-25	11:30	16:30	19:30	20:45
	once every hour up from 10:00 to 16:00			
Saturday, 2023-08-26	10:00	16:00	20:00	21:00
	once every hour up from 10:00 to 18:00			
Sunday, 2023-08-27	10:00	18:00		

site plans of the bus stops:





Transfer schedule /
 shuttle service

bus stop: Hotel Mercure Traar → to destination lake / regatta venue
 driving time to destination: approx. 5 min.

			once every hour up from 13:15 to 18:15	
Friday, 2023-08-25	08:30	09:45	13:15	18:15
			once every hour up from 11:45 to 17:45	
Saturday, 2023-08-26	05:45	07:00	11:45	17:45
			once every hour up from 11:45 to 17:45	
Sunday, 2023-08-27	05:45	07:00	11:45	17:45

bus stop: lake / regatta venue → to destination Hotel Mercure Traar
 driving time to destination: approx. 5 min.

Thursday, 2023-08-24	19:15	20:30		
	once every hour up from 11:30 to 16:30			
Friday, 2023-08-25	11:30	16:30	19:30	20:45
	once every hour up from 10:00 to 16:00			
Saturday, 2023-08-26	10:00	16:00	20:00	21:00
	once every hour up from 10:00 to 18:00			
Sunday, 2023-08-27	10:00	18:00		

site plans of the bus stops:



Bus Shuttle

Bus Shuttle to and from the airport costs 24€ per person.

Bus Shuttle to and from the hotels is free of charge for all participants who have booked accommodation via OC. All others pay 5€ per trip. More information at the Information desk.

The shuttle schedule will be available in the team information centre and the hotels.



Shuttle Service Düsseldorf Airport – Lake Elfrath and back

A bus service operator has been engaged to pick up our guests at Düsseldorf Airport and bring them to Lake Elfrath. The pick-up times are Wednesday, August 23, 2023 at 1.00 p.m. and Thursday, August 24, 2023 at 11.30 a.m., 3.15 p.m. and 5.15.p.m.

The service back to the airport at the end of the regatta on Sunday, August 27, 2023 will be taken care of by omnibuses and minibuses.

Upon arrival at the airport members of our rowing club will be present to greet our guests and to take them to the buses. They will be recognizable by their clothing and by them carrying a sign. A certain amount of waiting is unfortunately unavoidable for organizational reasons, but these have been designed to be kept to a minimum.

The costs of the shuttle service are not included in the lump-sum per diem prices. Having received all the travel data and in order to achieve a break-even point, the shuttle service from and to the airport will cost € 24 per person. This expense will be invoiced separately to the participants or their associations.



Hotel – Lake Elfrath A shuttle service within Krefeld will be offered by our local utilities company. Based upon the timing of both training and the races themselves and also upon the experience gained with past events bus schedules will be made available in the manual as well in the hotels and at Lake Elfrath. They will also show the bus stops which are in the vicinity of the respective hotels. The Organization Committee asks for your understanding that not all individual requests could be realized due to capacity and staffing limitations. The costs of this shuttle service are included in the lump-sum per diem prices to the extent that the hotel rooms were booked via the Organization Committee.

Shuttle Swimming Club

The short proximity allows for a flexible schedule. Transportation with minibuses will be organized each morning, mid-day and evening.

Krefeld Central Train Station

Pick-up from and to Krefeld Central Train Station will be taken care of by members of our rowing club. Any changes to arrival and/or departure times should please be communicated to the shuttle service coordinator



Last Minute Catering tickets

Available at the information desk. Each meal costs 9€ including a 500ml bottle of water.

Tickets are also available for the teams which have not booked accommodation via the Organisation Committee.

Lunch: 12:00-14:00h

Dinner: 17:30-19:30h (Friday: 16-19h)



Nations Dinner

Our Nations Dinner will be held on Saturday evening. We start at the venue at 17:30h. The reception is at Stadtwaldhaus Krefeld and starts at 18:30h. Participation only by invitation which will be handed out to two members of each nation at the information/registration desk while checking in their team.

Ticketing

Tickets for the public area, i.e. picnic area as well as grandstand can be booked in advance via

<https://www.tickettailor.com/events/events/crefelderruderclub1883/921862>

Day tickets can be also be bought at the entrance.



European Rowing Under 23 Championships



Team Managers Meeting

Friday, 25th of August, 17:00-18:00h at the Media Centre

Wifi/Internet Service: Roaming is available



European Rowing Under 23 Championships





On behalf of all members of Crefelder Ruder-Club, Regattaverein Niederrhein, German Rowing Federation and the city of Krefeld, we look forward to welcoming you in Krefeld from 25-27.08.2023 for the ERU23CH. If you have any questions, feel free to contact us via

presse@crc1883.de

vorsitzender@crc1883.de

verwaltung@crc1883.de

sport@crc1883.de

